



# Friends

The National Association of Young People Who Stutter

I've learned to think differently about my stutter and not try to hide it so much and to talk more.

Having friends who stutter means we all put our ideas together to make our lives better.

Some kids who stutter aren't afraid to talk and they're not worried about stuttering.

It's okay to stutter. I can be just as successful and happy as someone who is fluent.

It's a lot easier to notice on someone else who stutters how little it matters.

Talking to more people about my stuttering has made me less self-conscious about my stutter.

I used to think stuttering was just a bad thing. I always wished I could talk like a normal person.

If you stutter, you have FRIENDS.

[www.friendswhostutter.org](http://www.friendswhostutter.org)